



The Saints Academy

111 New Balch Street
Beverly, Massachusetts 01915

8/14/20

Hello from the Nurses,

These certainly are strange and uncertain times we are living through! Kelly Gray and I have been researching all the current guidelines that have been put out from sources like Mass.gov and the CDC. We are coming up with a plan as to how we can, as safely as possible, return to school from our perspectives as well as what has been mandated by the state. The nurses' office will be moved up to the conference room on the main floor, and the old nurses' office will become the medical waiting room. Before entering the nurses' office, all children will have their temperatures taken and asked a few screening questions. Please explain to your children that this will be done to everyone, not just them, to lessen fears when it happens. If the child has a temperature of 100.0 or higher, they will be sent home. Now, we know that a high temp doesn't necessarily mean Covid-19, but in an abundance of caution these are the steps we deem necessary to take. We have created a Covid-19 daily screening tool that we ask you to put on your fridge or somewhere else noticeable, and use it every morning before school. We're not asking you to send it in to school, just go through the steps.

Every child will be expected to bring 2 masks into school each day. Please make sure the mask patterns and colors are following the guidelines for what would be appropriate to wear on a color day. No inappropriate slogans, words or themes will be tolerated. Pleated, double lined cloth face masks are recommended as the best protection with the most comfort for children. We suggest you start getting your children used to wearing masks now starting with 5 minutes and working up 5 minutes at a time. The American Academy of Pediatrics webpage is a great resource for this. [Tips for Wearing Masks](#).

Washing hands properly will be stressed with the children when they return. You can also start emphasizing that now at home by washing hands before eating, and first thing anytime you are returning home from somewhere else. Hands should be washed for 20 seconds or as long as it takes to hum or sing "happy birthday" twice. We will be trying to get the children outside as much as possible and weather permitting. With that in mind, please sunscreen your children before school.

Please return to us an updated physical and immunizations record as soon as possible. We are mandated by the state to report immunization records.

Well, that's certainly enough for now. If you have any questions or concerns, please email me at sjones@saintsacademy.org.

In good health,

Sian Jones, RN and Kelly Gray, RN